



PDX Reading Specialist, LLC

Learn. Accommodate. Inspire.

Resource List

Books to Read to Students:

- Series: *The Adventures of Everyday Geniuses*, by Barbara Esham
 - *If You're So Smart, How Come You Can't Spell Mississippi?*
 - *Last to Finish: A Story About the Smartest Boy in Math Class*
 - *Free Association: Where My Mind Goes During Science Class*
 - *Mrs. Gorski, I think I Have the Wiggle Fidgets*
 - *Stacey Coolidge's Fancy-Smancy Cursive Handwriting*
- *The Alphabet War: A Story About Dyslexia*, by Diane Burton Robb
- *It's Called Dyslexia*, by Jennifer Moore-Mallinos
- *Tom's Special Talent*, by Kate Gaynor
- *The Reading Glitch*, by Lee Sherman
- *What is Dyslexia?: A Book Explaining Dyslexia for Kids and Adults to Use Together* by Alan Hultquist
- *The Don't-Give-Up Kid: Learning Disabilities* by Jeanne Gehret
- *Thank You, Mr. Falker Hardcover*, Patricia Polacco

Books for Teens:

- *Winter: A Memoir*, by Samantha Abeel
 Abeel writes of her life with dyscalculia, a learning disability that affects her learning of skills based on sequential processing – especially math, spelling and grammar. She writes frankly about her mental and emotional struggles to cope; while she looked like a “normal” child, she was unable to tell time, count change, or remember her locker combination.
- *Caged in Chaos: A Dyspraxic Guide to Breaking Free*, by Victoria Biggs
 Written by a teenage girl with dyspraxia, a disorder that affects fine-motor skills and often co-occurs with LD, this is a positive, practical guide for teens struggling with the social, physical and psychological troubles caused by developmental coordination disorders. In a conversational style, with great empathy for others in her situation, Biggs describes both the primary effects of her learning difference—disorganization, clumsiness and poor short-term memory—and the bullying, low self-esteem and loneliness she endures.
- *ADHD in HD: Brains Gone Wild*, by Jonathan Chesner
 A writer with AD/HD shares his experiences and offers practical advice to readers who might also have brains that are wired differently. From garish cover to hyperactive format, the design of the book imitates the author's brain—lots of bright yellow, more than 60 short chapters on distinct topics like dating, homework, and family life, and many photographs, drawings and speech bubbles.

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- *Positively ADD: Real Success Stories to Inspire Your Dreams*, by Catherine A. Corman & Edward M. Hallowell

Profiles of 17 successful adults who began dealing with ADD during childhood, including political strategist James Carville, a Pulitzer Prize-winning photographer, a major league pitcher and a young Rhodes scholar. A list of resources and an informative question-and-answer section round out an encouraging, helpful book for teens with ADD and for their parents, teachers and friends.

- *Applying to College for Students with ADD or LD: A Guide to Keep You (And Your Parents) Sane, Satisfied, and Organized Through the Admissions Process*, by Blythe Grossberg

Specifically tailored for teens with ADD or LD, this guide breaks down the college application process into manageable steps—from determining personalized criteria for college and narrowing down college choices, to developing a strong portfolio and application, as well as asking for references, requesting financial aid and preparing for interviews.

- *Where's my Stuff? The Ultimate Teen Organizing Guide*, by Samantha Moss & Lesley Schwartz

Many teens with learning disabilities find it highly challenging to stay organized. This illustrated guide offers practical advice on how to organize schoolwork, lockers, bedrooms and schedules.

- *Survival Guide for College Students with ADHD or LD*, by Kathleen Nadeau
This Survival Guide is a great reference book – one that will help college students to become stronger self-advocates. It includes lots of practical tips and recommendations, including how to manage time, use day planners, improve memory, become active learners, organize study spaces and overcome procrastination.

- *It's So Much Work to Be Your Friend: Helping the Child with Learning Disabilities Find Social Success*, by Rihard Lavoie

Veteran special education teacher Lavoie offers help to parents who want to help their children with learning disabilities overcome social skill deficits. Lavoie stresses communication and patience as parents guide their children through the maze of social interactions encountered daily, from arranging successful play dates and navigating the social challenges of school, to language difficulties, social anxieties and family issues.

- *Learning Disabilities: The Ultimate Teen Guide*, by Penny Hutchins Paquette & Cheryl Gerson Tuttle

This highly readable guide offers teens a solid base of information about learning disabilities, including definitions, coping strategies, tips on interpreting test results, legal considerations, and post-secondary school options. Each chapter includes a description of how it feels to have a particular disability, symptoms, practical suggestions, and resources. Profiles, success stories and quotes are sprinkled throughout.

- *Bluefish*, by Pat Schmatz

An award-winning novel about an eighth-grade boy who can't read. Now living with an alcoholic grandfather and starting a new school, Travis finds an unusual friend and a determined teacher who both help him unlock the power of literature.

- *Dyslexia Wonders*, By Jennifer Smith
Jennifer, who has dyslexia, struggles with schoolwork and feels misunderstood by teachers, classmates and family members. In her own words, she describes how she felt when she was identified with dyslexia, how she copes with being different from her peers and how she deals with daily challenges.
- *Backwards Forward: My Journey through Dyslexia*, by Blake E. S Taylor
A fine, informative, and compassionate firsthand account of dyslexia co-written by a young adult with LD and her mother. The authors offer a very personal window into their lives, beginning in the early childhood years and continuing through adulthood. Of special interest will be how the daughter describes the ways in which her struggles with dyslexia affected her relationship with friends and family.

Books for Parents, Educators, Caregivers:

- *The Dyslexia Empowerment Plan* (Ben Foss)
- *Overcoming Dyslexia* (Sally Shaywitz)
- *Understanding Dyslexia and Other Learning Disabilities* (Linda Siegel)
- *Dyslexia Wonders: Understanding the Daily Life of a Dyslexic from a Child's Point of View* by Jennifer Smith
- *The Dyslexic Advantage: Unlocking the Hidden Potential of the Dyslexic Brain* by Brock Eide
- *Proust and the Squid*, Maryanne Wolf (2008)
- *Parenting a Struggling Reader* by Susan L. Hall and Louisa C. Moats
- *Wrightslaw: From Emotions to Advocacy: The Special Education Survival Guide* by Pam Wright and Pete Wright
- *The Human Side of Dyslexia: 142 Interviews with Real People Telling Real Stories About Their Coping Strategies with Dyslexia* by Shirley Kurnoff
- *Essentials of Assessment and Intervention* by Nancy Mather & Barbara Wendling; John Wiley (2013)

Movies

- *Journey Into Dyslexia* <http://www.hbo.com/documentaries/journey-into-dyslexia#/>
- *The Big Picture: Rethinking Dyslexia* <http://thebigpicturemovie.com/>
- *Dislecksia—The Movie* www.dislecksiamovie.com
- "Understanding Learning Disabilities: How Difficult Can This Be? The F.A.T. City Workshop," PBS Video Production

You Tube Videos:

- [What's It Like Being Dyslexic?](#)
- [The Power of Dyslexia](#) (About Famous Dyslexics)
- [What is Dyslexia?](#) (TED-ED)
- [Dyslexia: A Hidden Disability](#) (Promotional video for Westmark School; excellent information on dyslexia)
- [What is Dyslexia?](#) (National Center for Learning Disabilities)

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- [Dyslexia for a Day](#) (Dyslexia Training Institute)
 - [Quinn Lathrop \(Kid\) on Dyslexia](#)
 - [Henry Winkler Interview](#)
 - [I Can't Do That, But I Can Do This](#) <http://vimeo.com/60135023>
 - [Understanding Learning Disabilities: How Difficult Can This Be? The F.A.T. City Workshop](#) <http://www.youtube.com/watch?v=jZhRf2fxlyw>
 - [Embracing Dyslexia](#) <http://www.embracingdyslexia.com/> A thoughtful and moving exploration of dyslexia from an insider's perspective, weaving together interviews with parents, adult dyslexics, researchers, educators and experts.
 - [Ennis' Gift](#) <http://www.youtube.com/watch?v=AkFTsSj-XA0> (story of Bill Cosby's son as well as other famous and successful individuals with dyslexia.).

Organizations

- [Decoding Dyslexia](#) www.decodingdyslexia.org
- [National Center for Learning Disabilities](#) <http://www.nclld.org/>
- [International Dyslexia Association](#) <http://www.interdys.org/>
- [The Yale Center for Dyslexia and Creativity](#) <http://dyslexia.yale.edu/>
- [Eye to Eye](#) <http://eyetoeyenational.org/>
- [Headstrong Nation](#) <http://headstrongnation.org/>
- [Learning Ally](#) www.learningally.org
- [Wrightslaw Special Education Law and Advocacy](#) www.wrightslaw.com
- [Oregon Branch of International Dyslexia Assoc.](#) www.orbida.org
- [Learning Disabilities Association](#) www.ldanatl.org
- [National Reading Panel Report](#) www.nationalreadingpanel.org
- [Oregon Literacy Framework](#) www.ode.state.or.us
- [LD Online](#) www.LDonline.org
- [Bright Solutions for Dyslexia](#) www.dys-add.com
- [Dyslegia: A Legislative Information Site](#) www.dyslegia.com

Multiple Intelligences

- [Birmingham Grid for Learning \(Survey\)](#)
http://www.bgfl.org/bgfl/custom/resources_ftp/client_ftp/ks3/ict/multiple_int/
- [Kagan Online](#) <http://www.kaganonline.com/index.php>

Technology Tools

- [Audiobooks](#) www.learningally.org
- [Co:Writer](#) <http://donjohnston.com/cowriter/#.Uufk7DfTnIU>
- [Dragon Naturally Speaking](#) <http://www.nuance.com/dragon/index.htm>

Local Meetings

- **Decoding Dyslexia Oregon**, www.decodingdyslexiaor.org
DD-OR is a group of parents and educators concerned with the lack of evidenced-based intervention in public schools for children with dyslexia. They

are working to bring awareness to the public, educators and legislators about dyslexia. The focus is on changing teacher training and legislation to improve.

- o Meets first Monday of the Month at the Swindells Center, Providence Portland Medical Center.
- o Check www.decodingdyslexiaor.org for the schedule of speakers and events.

Facebook

- There are many dyslexia related FACEBOOK pages. If you “like” these pages you will automatically be subscribed to new information when it is posted. Daily posts include information on free webinars, trainings, assistive technology, apps, medical research, legislation and best practices.

Some FACEBOOK pages to like:

- PDX Reading Specialist, LLC <https://www.facebook.com/PDXReadingSpecialist>
- Decoding Dyslexia Oregon (and the other Decoding Dyslexia chapters) <https://www.facebook.com/DecodingDyslexiaOR>
- Headstrong Nation <https://www.facebook.com/headstrongnation>
- Learning Ally <https://www.facebook.com/LearningAlly.org>